



Woods Creek Sustainability Center

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Food Forest

This diagram shows a basic food forest plan. Plants work together to benefit each other in the same way they co-evolved in a natural eco-system. Wildlife such as birds help to propagate, adding edible plant species as they deposit seeds from other areas they visit to eat.

1. **Canopy of large fruit or nut trees**
2. **Low tree layer** (e.g., small fruit trees)
3. **Shrub layer** (e.g., berry bushes)
4. **Herbaceous layer** (e.g., kale, spinach)
5. **Root vegetable layer** (e.g., carrots, beets)
6. **Ground cover layer** (e.g., strawberries, pumpkin)
7. **Vine layer** (e.g., climbers, beans)

